

From: [REDACTED]
Sent: Tuesday, February 07, 2023 08:24
To: [REDACTED]
[REDACTED]
Cc: [REDACTED]
Subject: MHFA and MHIG - Diversity Mentoring Programme

Hi,

Another short newsletter from me, hope you are all keeping well.

Today – Tuesday 7 February is the deadline to sign up to NAO's Diversity Mentoring programme.

More information can be found in HR's original Merlin message - [Relaunch of our Diversity Mentoring Programme – we need you! \(sharepoint.com\)](#).

NAO's mentoring programme is a great initiative that benefits the mentor, mentee and the NAO:

It helps **mentees** (Directors, Band 1s and senior leaders) develop a deeper and more personal understanding of diversity issues which they may not have encountered in their own career. It also grows their understanding of organisational culture, challenges thought patterns and provides fresh perspectives to the way they interact with others and make decisions. Directors and Band 1s who would like to be mentored should [complete the mentee form](#).

Being a **mentor** builds your confidence to challenge leadership and provides the opportunity to influence diversity and inclusion in NAO. Mentors can be from any grade, any background and any group. If you would like to be a mentor, please [complete the mentor form](#).

Kind regards,

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]



Pronouns: she/her

Network Groups: NAO Mental Health First Aider and Co-Chair of NAO's disability staff network